Erik X. Alonso

Psy.D. | MSW | MS

Miami, FL | (305) 774-1007 | erikxalonso@me.com

linkedin.com/in/drerikalonso | English and Spanish - fluent

Learning and Development | Learning Operations | AI Content Workflows

Professional Summary

Bilingual educator and consultant with a Psy.D. in Clinical Psychology and master's degrees in Psychology and Social Work. Supervised, taught, or trained approximately 70 staff members and students throughout a career spanning healthcare, community programs, and independent practice. Experience includes staff development, educational workshops, program coordination, and ongoing client services. Uses AI-assisted content workflows to develop customized learning materials, with human review for accuracy and relevance. Seeking nonclinical opportunities in learning and development, learning operations, and program management.

Core Skills

Learning and Development • Staff Training and Graduate Student Instruction • Educational Workshops • Learning Operations and Program Coordination • AI-Enabled Content Workflows • Customized Learning Materials • Client Program Management • Progress Monitoring and Reporting • Consultative Needs Assessment • Stakeholder Communication • Scheduling and Service Coordination • Bilingual Presentations

Professional Experience

Psych Coach LLC | Independent Life and College Preparation Coach | July 2018-Present

- Manage ongoing coaching programs for students, families, and professionals, coordinating goals, session planning, learning resources, and follow-up.
- Develop customized learning materials through AI-assisted content workflows; review and refine outputs for accuracy, clarity, and alignment with individual needs.
- Create structured plans addressing academic preparation, organization, executive functioning, decision-making, and motivation.
- Monitor progress in recurring sessions, communicate updates to clients and involved family members as appropriate, and adapt plans to changing priorities.
- Support consistent service delivery through individualized preparation, clear expectations, and follow-through; use structured goal plans and AI-assisted preparation to organize learning resources.

LifeWorks Counseling Associates | Psychotherapist | 2022-2024

- Delivered remote individual and family services and documented client needs, goals, and progress.
- Coordinated with other professionals to support continuity of services and maintained confidential records.
- Built working relationships with clients from diverse backgrounds through careful listening and clear communication.

Erik X. Alonso Private Practice | Psychotherapist | 2011-2016

- Provided individual, family, and couples services; coordinated communication with families, attorneys, and other professionals.
- Managed practice operations, including scheduling, billing, documentation, and staff supervision.
- Prepared assessments and reports and provided court-related consultation in family matters.

Kristi House | Behavioral Health Assessor | 2011-2014

- Conducted behavioral health and level-of-care assessments for children, adolescents, and families affected by abuse and neglect.
- Prepared findings for professional and court review and communicated complex information to multidisciplinary audiences.

Erik X. Alonso

Learning and development, coaching, and program operations

Earlier Professional Experience

Kristi House | Psychotherapist | 2000-2002

Provided individual, family, and group services; contributed expert testimony and trained graduate psychology and social work students.

Psychsolutions Inc. | Psychotherapist | 2000-2002

Delivered intensive on-site individual and family services for children and adolescents.

Care Resource Inc. | Psychosocial Counselor and Y-HIP Coordinator | 1999-2003

Coordinated youth HIV/AIDS prevention education, community outreach, and training for adolescents and schools.

University of Miami | Social Worker I, Maternal Lifestyles Study | 1999-2000

Coordinated case management, home visits, referrals, participant follow-up, and monthly research reporting.

Jackson Memorial Hospital | Senior Health Educator | 1998-2001

Delivered individual and group education on interpersonal violence prevention through the Roxy Bolton Rape Treatment Center; connected participants with community resources.

University of Miami | Case Manager, AIDS Comprehensive Research Unit | 1991-1995

Supported behavioral research protocols, participant coordination, assessments, and statistical reporting.

Mercy Hospital | Case Manager, Special Immunology Services | 1989-1991

Coordinated access to medical and community services and helped participants navigate care and support resources.

Education

Doctor of Psychology in Clinical Psychology | Albizu University | 2007

Forensic concentration. Dissertation: An Adolescent Suicide Prevention Program Design Using Multiple Family Group Therapy.

Master of Science in Psychology | Albizu University | 2004

Master of Science in Social Work | Florida International University | 2000

Bachelor of Science in Social Work | Florida International University | 1998

Advanced Training

Miami Children’s Hospital, now Nicklaus Children’s Hospital

Postdoctoral Fellowship, Child and Adolescent Track | July 2008-2011

Clinical Psychology Internship | August 2006-December 2007

Speaking and Media

Presented at the 2024 NASW New Hampshire Chapter conference on practical strategies for navigating ethical challenges. Provided Spanish-language expert commentary on child abuse, bullying, and family violence prevention for CNN en Español, Univision, Telemundo, and TeleAmerica.