

# Erik X. Alonso

**Psy.D. | MSW | MS**

Miami, FL | (305) 774-1007 | erikxalonso@me.com

linkedin.com/in/drerikalonso | English and Spanish - fluent

**Training and Development | Client Relations | Program Operations**

## Professional Summary

Bilingual professional with a Psy.D. in Clinical Psychology, master's degrees in Psychology and Social Work, and experience in consulting, client services, and program coordination. Has supervised, taught, or trained approximately 70 staff members and students across the course of a career. Background includes private-practice operations, staff supervision, graduate-student training, and multidisciplinary service coordination. Builds trusted relationships, assesses needs, and translates complex information into practical action plans. Brings English-Spanish communication, public-speaking and television experience, and practical use of AI tools to develop educational materials. Seeking nonclinical opportunities in training and development, client relations and onboarding, and program operations.

## Core Skills

Business Operations and Practice Management • Client Relationship Management and Retention • Consultative Needs Assessment and Problem Solving • Team Leadership, Staff Supervision, and Training • Program Planning and Coordination • Stakeholder Engagement and Professional Partnerships • Client Onboarding and Service Coordination • Presentations, Public Speaking, and Workshop Facilitation • Bilingual Business Communication - English and Spanish • Research, Analysis, and Report Development • AI-Assisted Content Development and Workflow Organization • Scheduling, Billing, and Confidential Records Management

## Professional Experience

### Psych Coach LLC | Independent Life and College Preparation Coach | July 2018-Present

- Provide individualized coaching to students, families, and professionals on academic planning, personal goals, and career or college preparation.
- Develop practical strategies for organization, executive functioning, decision-making, motivation, and resilience.
- Use AI tools to help organize goals and develop customized learning materials, with human review for accuracy and appropriateness.
- Adapt communication and coaching plans to each client's goals, background, and learning needs.

### LifeWorks Counseling Associates | Psychotherapist | 2022-2024

- Delivered remote individual and family services and documented client needs, goals, and progress.
- Coordinated with other professionals to support continuity of services and maintained confidential records.
- Built working relationships with clients from diverse backgrounds through careful listening and clear communication.

### Erik X. Alonso Private Practice | Psychotherapist | 2011-2016

- Provided individual, family, and couples services and coordinated communication with families, attorneys, and other professionals.
- Managed practice operations, including scheduling, billing, documentation, and staff supervision.
- Prepared assessments and reports and provided court-related consultation in family matters.

### Kristi House | Behavioral Health Assessor | 2011-2014

- Conducted behavioral health and level-of-care assessments for children, adolescents, and families affected by abuse and neglect.
- Prepared findings for professional and court review and communicated complex information to multidisciplinary audiences.

## **Erik X. Alonso**

Education, coaching, client services, and program coordination

## **Earlier Professional Experience**

### **Kristi House | Psychotherapist | 2000-2002**

Provided individual, family, and group services; contributed expert testimony and trained graduate psychology and social work students.

### **Psychsolutions Inc. | Psychotherapist | 2000-2002**

Delivered intensive on-site individual and family services for children and adolescents.

### **Care Resource Inc. | Psychosocial Counselor and Y-HIP Coordinator | 1999-2003**

Coordinated youth HIV/AIDS prevention education, community outreach, and training for adolescents and schools.

### **University of Miami | Social Worker I, Maternal Lifestyles Study | 1999-2000**

Coordinated case management, home visits, referrals, participant follow-up, and monthly research reporting.

### **Jackson Memorial Hospital | Senior Health Educator | 1998-2001**

Delivered individual and group education on interpersonal violence prevention through the Roxy Bolton Rape Treatment Center; connected participants with community resources.

### **University of Miami | Case Manager, AIDS Comprehensive Research Unit | 1991-1995**

Supported behavioral research protocols, participant coordination, assessments, and statistical reporting.

### **Mercy Hospital | Case Manager, Special Immunology Services | 1989-1991**

Coordinated access to medical and community services and helped participants navigate care and support resources.

## **Education**

### **Doctor of Psychology in Clinical Psychology | Albizu University | 2007**

Forensic concentration. Dissertation: An Adolescent Suicide Prevention Program Design Using Multiple Family Group Therapy.

### **Master of Science in Psychology | Albizu University | 2004**

### **Master of Science in Social Work | Florida International University | 2000**

### **Bachelor of Science in Social Work | Florida International University | 1998**

## **Advanced Training**

### **Miami Children's Hospital, now Nicklaus Children's Hospital**

Postdoctoral Fellowship, Child and Adolescent Track | July 2008-2011

Clinical Psychology Internship | August 2006-December 2007

## **Speaking and Media**

Presented at the 2024 NASW New Hampshire Chapter conference on practical strategies for navigating ethical challenges. Provided Spanish-language expert commentary on child abuse, bullying, and family violence prevention for CNN en Español, Univision, Telemundo, and TeleAmerica.